



Appendix 2.1: Specialized Concussion Clinics in Ontario

Disclaimer Statement:

The following list of concussion clinics is meant as a guide to facilitate patient education and to assist adult patients in finding care that might be helpful in their area. An effort has been made to make sure that there is at least one resource listed in each of the 14 Regional Local Health Integration Networks (LHINs) across Ontario. To be included in this list a concussion clinic* must meet the criteria below. Clinics have provided the information we used to create this list. The list is not intended to be comprehensive but to give people some suggestions of available services. There has been no effort to assess the quality of the care provided by the concussion clinics on the list.

The Ontario Neurotrauma Foundation (ONF) does not endorse or accredit any concussion clinic. This list is for information purposes only.

Criteria:

The criteria used to determine inclusion in this list of concussion clinics are based on the ONF [Standards for High Quality Post-Concussion Services and Concussion Clinics](#).

The following must be present or readily available:

- ✓ An interdisciplinary healthcare provider team working collaboratively, with a minimum of 3 different regulated healthcare providers who can address medical, physical and cognitive/emotional issues after a concussion.
- ✓ A provider who is a team member that can diagnose concussion (physician, nurse practitioner, neuropsychologist) or the clinic receives patients who have already received a medical diagnosis.
- ✓ Services that not only address acute (immediate) diagnosis and management but follow up into the sub-acute and chronic phases of symptom management.

Concussion clinics included in the list could be either publicly- or privately-funded. **In some LHINs (regional areas) there may not be a current concussion clinic that meets all the above criteria. In these instances, service providers who most closely match the criteria are listed. Clinics who closely meet the criteria are marked with an *.**

If you are a concussion service provider and you think your concussion clinic meets the above criteria, please complete the [following questions](#). Responses will be reviewed every three months and we will follow-up with you at that time.

Concussion clinic: A formal coordinated network of healthcare providers delivering post-concussion care in an environment called a clinic.



Appendix 2.1 Specialized Concussion Clinics in Ontario

| LHIN | CITY | CLINIC NAME | POPULATION SERVED | TYPE OF CLINIC | PROVIDERS AVAILABLE | DIAGNOSIS PROVIDED BY | SERVICES PROVIDED ON-SITE | SERVICES QUICKLY REFERRED OUT FOR | LOCATION | FOLLOW-UP PROVIDED | CONTACT INFO |
|---------------------|----------|--|------------------------------|-----------------------|---|--|--|-----------------------------------|--|--------------------|--------------|
| ERIE ST. CLAIR | WINDSOR | Hotel Dieu Grace Healthcare – Tayfour Campus ABI * | All | Hospital Rehab Clinic | Occupational Therapist Psychiatrist Psychologist Social Worker | Must have a concussion diagnosis already | Cognitive/ Emotional | Medical Physical | 1453 Prince Road Windsor, ON, M9C 3Z4 | Yes | 519-257-1111 |
| SOUTH WEST | LONDON | Parkwood Institute – St. Joseph's health Care London | Older than 16 years | Hospital Rehab Clinic | Occupational Therapist Physiatrist Physiotherapist Psychologist Speech-Language Pathologist Social Worker | Must have a concussion diagnosis already | Cognitive/ Emotional Medical Physical | | 550 Wellington Rd, London, ON, N6C 0A7 | Yes | 519-685-4064 |
| | | Fowler Kennedy Clinic * | All | Sports Clinic | Orthopedic Surgeon Physiotherapist Registered Massage Therapist | Physician | Medical Physical | Cognitive/ Emotional | Western University, 3M Centre, 1151 Richmond Street, London, ON, N6A 3K7 | Yes | 519-661-3011 |
| WATERLOO WELLINGTON | WATERLOO | Waterloo Sports Medical Centre * | All but emphasis on athletes | Sports Clinic | Medical Doctor Occupational Therapist Physiatrist Physiotherapist Registered Massage Therapist | Physician | Medical Physical | Cognitive/ Emotional | 745 Bridge St. W., Unit 5 Waterloo, ON N2V 2G6 | Yes | 519-746-2220 |
| | GUELPH | Health and Performance Centre | All | Sports Clinic | Chiropractor Medical Doctor Physiotherapist Naturopath Registered Dietitian Registered Massage Therapist Sport Psychiatrist | Physician | Cognitive/ Emotional Medical Physical | | J.T. Powell Building 168 Reynolds Walk, Guelph, ON, N1G 4Z8 | Yes | 519-767-5011 |



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| HAMILTON NIAGARA HALDIMAND BRANT | BURLINGTON | Elliott Sports Medicine Clinic | All | Sports Clinic | Chiropractor Medical Doctor Physiotherapist Psychiatrist | Physician | Cognitive/ Emotional Medical Physical | | 102-1100 Walker's Line, Burlington, ON, L7N2G3 | Yes | 905-336-3340 |
| | | SVA Clinic * | All | Community based Clinic | Chiropractor Naturopath Occupational Therapist Optometrist Physiatrist Physiotherapist Psychologist Registered Massage Therapist Speech Language Pathologist | Neuro-psychologist | Cognitive/ Emotional Physical | Medical | 2-573 Maple Avenue Burlington, ON L7S 2E8 | Yes | 905-333-0072 |
| | HAMILTON | Hamilton Health Sciences: David Braley Sport Medicine and Rehabilitation Centre * | All | Sports Clinic | Athletic Therapist Kinesiologist Medical Doctor Physiotherapist Registered Massage Therapist | Physician | Medical Physical | Cognitive/ Emotional | David Braley Athletic Centre, 1280 Main St. W, Hamilton, ON, L8S 4E8 | Yes | 905-525-9140 |
| | | Hamilton Health Sciences: Acquired Brain Injury Program | Older than 16 years | Hospital Rehab Clinic | Nurses Occupational therapists Physicians Physiotherapists Psychologists Rehabilitation therapist Social workers Speech-language pathologists Other hospital staff as required | Must have a concussion diagnosis already | Cognitive/ Emotional Medical Physical | | Regional Rehabilitation Centre 300 Wellington Street North Hamilton, Ontario, Canada L8L 0A4 | Yes | 905-521-2100 ext 40806 |
| CENTRAL WEST | BRAMPTON | The Sports Medicine Specialists * | All | Sports Clinic | Medical Doctor Ortho Surgeons Physiotherapist Registered Massage Therapist | Physician or concussion diagnosis already | Medical Physical | Cognitive/ Emotional | 247 McMurphy Avenue South Brampton, ON L6Y 1Z4 | Yes | 905-455-0800 |
| MISSISSAUGA HALTON | MISSISSAUGA | Highmark * | All | Sports Clinic | Kinesiologist Optometrist Physiotherapist Social Worker Sports Medicine Doctor Registered Massage Therapist | Physician | Medical | Cognitive/ Emotional | 374 Lakeshore Road East, Mississauga, ON L5G 1H5 | Yes | 905-232-7002 |



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| TORONTO CENTRAL | TORONTO | St. Michael's Head Injury Clinic | All | Hospital Rehab Clinic | Physician Physiotherapist Psychiatrist Social Worker | Must have a concussion diagnosis already | Cognitive/ Emotional Medical Physical | | 30 Bond St. Toronto, Ontario, M5B 1W8 | Yes | 416-360-4000 |
| | | Sunnybrook Health Sciences Centre - Mild to Moderate TBI Clinic * | Persons who are 14-64 years old | Hospital Rehab Clinic | Medical Doctor Occupational Therapist Psychiatrist | Must have a concussion diagnosis already | Cognitive/ Emotional Medical | Physical | 2075 Bayview Avenue, Room FG15, Toronto, ON, M4N 3M5 | Yes | 416-480-4095 |
| | | University Health Network: Hull-Ellis Concussion & Research Clinic | All | Hospital Rehab Clinic | Medical Doctor Physiotherapist Psychologist Other healthcare professionals as needed | Must have a concussion diagnosis by the Emergency departments of Toronto General, Toronto Western and Mount Sinai Hospital | Medical Physical Cognitive/ Emotional | | 550 University Ave, Toronto, ON, M5G 2A2 | Yes | 416-597-3422 |
| | | David L Macintosh | Adolescents and adults who have sustained a concussion within the last 6 months | Sports Clinic | Medical Doctor Physiotherapist Psychologist | Must have a concussion diagnosis already | Medical Physical Cognitive/ Emotional | | University of Toronto, 100 Devonshire Place, 4th floor, Toronto, ON, M5S 2C9 | Yes | 416-946-4050 |
| | | Neurology Centre of Toronto | All | Neurology clinic | Neurologist Nurse Nurse Practitioner Occupational Therapy Physician Assistant Psychotherapist Physiotherapist Speech-Language Pathologist | Physician, Nurse Practitioner, or concussion diagnosis already | Medical Physical Cognitive/ Emotional | | 491 Eglinton Avenue West, Suite 100 Toronto, ON M5N 1A8 | Yes | 416-860-7554 |



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| TORONTO CENTRAL | ETOBICOKE | Live Active * | All | Sports Clinic | Chiropractor Physician Physiotherapist Registered Massage Therapist | Physician | Medical Physical | Cognitive/ Emotional | 400 Kipling Avenue, Toronto, Ontario, M8V 3L1 | Yes | 416-201-9777 |
| CENTRAL | AURORA | York Region Concussion Clinic * | Older than 7 years | Rehabilitation Based Clinic | Audiologist Chiropractor Occupational Therapist Physician (Satellite office) Physiotherapist | Must have a concussion diagnosis already | Medical Physical | Cognitive/ Emotional | 14872 Yonge Street Aurora, ON L4G 1N2 | Yes | 905-505-0950 |
| CENTRAL EAST | PETER-BOROUGH | Total Physiotherapy & Sports Injury Centre * | All | Sports Clinic | Kinesiologist Physiotherapist Registered Massage Therapist | Must have a concussion diagnosis already | Physical | Cognitive/ Emotional Medical | Peterborough Clinic Site 26 Hospital Drive, Peterborough ON K9J 7C3 | Yes | 705-743-1301 |
| SOUTH EAST | KINGSTON | Kingston Orthopaedic and Pain Institute (KOPI) | All | Sports Clinic | Chiropractor Physician Physiotherapist Psychologist Registered Massage Therapist | Must have a concussion diagnosis already | Cognitive/ Emotional Medical Physical | | 797 Princess Street, Suite 500, Kingston, ON, K7L 1G1 | Yes | 613-507-7246 |
| CHAMPLAIN | OTTAWA | Ottawa Rehabilitation Hospital: ABI Program Care Stream | All | Hospital Rehab Clinic | Nurse Occupational Therapist Physician Physiotherapist Psychologist Registered Social Worker Speech Language Pathologist | Physician or concussion diagnosis already | Cognitive/ Emotional Medical Physical | | 505 Smyth Road, Ottawa, ON | Yes | 613-737-7350 |



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| | OTTAWA | Carleton Sports Medicine Clinic* | All but mainly students | Sports Clinic | Chiropractor Ortho Surgeon Physiotherapist Registered Massage Therapist | Physician | Medical Physical | Cognitive/ Emotional | 1125 Col By Drive Ottawa ON, Canada K1S 5B6 | Yes | 613-520-3510 |
| | | TRAC Group* | All | Rehab Clinic | Occupational Therapist Physiotherapist Psychiatry Registered Social Worker Psychology Speech Language Pathologist | Must have a concussion diagnosis already | Physical Cognitive/ Emotional | Medical | 110-161 Greenbank Road, Ottawa, ON, K2H 5V6 | Yes | 613-526-0877 |
| NORTH SIMCOE MUSKOKA | BARRIE | Barrie Sports Medicine and Rehabilitation Clinic | All | Sports Clinic | Medical Doctor Occupational Therapist Dietician Physiotherapist Psychologist Registered Massage Therapist Sports Surgeon | Physician | Medical Physical Cognitive/ Emotional | | Victoria Village (formerly Wellington St.) 72 Ross St., Unit 11 Barrie, ON L4N 1G3 | Yes | 705-722-9981 |
| | | Concussion North* | All | Sports Clinic | Occupational Therapist Physiotherapist Sports Medicine Physician Kinesiologist | Physician | Medical Physical | Cognitive/ Emotional | 190 Cundles Road East, Suite 001, Barrie, ON, L4M 6L5 | Yes | 705-503-3003; |
| NORTH EAST | SUDBURY | Outreach Brain Injury Rehabilitation Services (OBIRS) - Health Sciences North* | Older than 18 years | Hospital Rehab Clinic | Occupational Therapist Psychologist Recreational Therapist Social Worker Speech Language Pathologist | Must have a concussion diagnosis already | Cognitive/ Emotional | Medical Physical | 41 Ramsey Lake Rd, Sudbury, ON P3E 5J1 | Yes | 705-523-7100 |
| NORTH WEST | THUNDER BAY | Lakehead University Concussion Clinic* | All but mainly students | Sports Clinic | Athletic Therapist Kinesiologist Medical Doctor | Physician | Medical Physical | Cognitive /Emotional | 955 Oliver Road Thunder Bay, ON P7B 5E1 | Yes | 807-343-8188 |