



STUDENT
WELLNESS

USING SEX TOYS WITH A PARTNER

Consent applies to sex toys too! If you're introducing sex toys to your partner(s), it's important to have conversations together to make sure everyone is comfortable and on the same page beforehand

Conversation tips for talking about sex toys with your partner(s)

- All aspects of **consent** that apply to sex also apply to using sex toys with your partner(s). Consent is as simple as **I'M SAFE!** (*see reverse*)
- Talk to your partner(s) about using sex toys **before** you have sex so that you don't surprise them or put pressure on them to make a decision in the moment
- Check in with their comfort around using sex toys in general. Try to do this in a setting where everyone feels comfortable
- **Don't assume** that your partner(s) will be interested in using sex toys. Don't force the idea or insist that they use them
- **Continue the conversation** with them when trying new types of sex toys or using different sized toys. Talk about what toys you'll try together and how you're going to use them



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Live well. Achieve well.

SEX TOYS AND CONSENT

Consent is always I'M SAFE:

Informed: They need to understand what they're consenting to.
Which toy? What size?

Moment to moment: Consent is ongoing and can be withdrawn. Someone can change their mind about using sex toys

Specific: Consent is given to a specific toy and how it is being used

Awake and aware: Someone who is asleep, unconscious or excessively intoxicated can't give consent

Freely given: Consent to using sex toys is offered freely without coercion or manipulation

Enthusiastic: Clear, active and ongoing consent to using sex toys