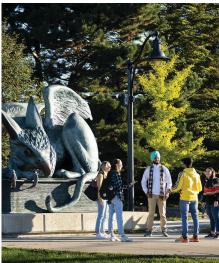




# STUDENT SUPPORTS

PREPARED BY STUDENT WELLNESS SERVICES





# STUDENT SUPPORTS

# EMERGENCY & 24 HOUR RESOURCES

#### **ON CAMPUS:**

# Student Housing Services:

Lennox Addington Residence South Residence (Prairie Desk) East Residence Campus Safety Office, Fire & Ambulance

#### WITHIN GUELPH:

Sexual Assault Domestic Violence Care & Treatment Centre Here 24/7

### VIRTUAL/PHONE SUPPORTS:

Good2Talk (Ontario students) 1-866-925-5454 Crisis Text Line (Canadian students) Text UofG to 686868 keep.meSAFE (International students) 1-844-451-9700 (001-416-380-6578 outside of NA) **OUTline Online Chat** uoguel.ph/outline

# U of G STUDENT SUPPORTS & RESOURCES

#### STUDENT WELLNESS SERVICES: **Counselling Services**

Student Health Services Health & Performance Centre (HPC) Student Accessibility Services (SAS) Sexual and Gender Based Violence Support & Education Wellness Education & Promotion Centre (WEPC) Student Support Network (peer-to-peer support)

Not sure how to navigate our many resources? Connect with a Student Wellness Navigator who can help direct you. Call x52131 to book an appointment.

#### STUDENT EXPERIENCE:

STUDENT

UNIVERSITY #GUELPH

Indigenous Student Centre (ISC) Black & Racialized Students (Cultural Diversity) LGBTQ2IA+ International Student Advising Spirituality & Multi-Faith

Wellness Services

x 58074 / uoguel.ph/ISCuofg uoguel.ph/CDO uoquel.ph/LGBTQ2IA uoguel.ph/ISA uoguel.ph/MFRT



# 519-824-4120

#### x 58701 / housing.uoguelph.ca

x 58122 x 58123 x 58124 Emergency x 52000 Non-emergency x 52245

> 519-837-6440 x 2728 24 Hour: x 2210 1-844-437-3247

# 519-824-4120

uoguelph.ca/wellness

x 53244 / uoguel.ph/CS x 52131 / uoguel.ph/Health x 53039 / uoguelph.ca/HPC x 56208 / uoquel.ph/SAS x 53020 / uoguel.ph/SVS uoguel.ph/WEPC

uoquel.ph/SSN

x 52214 / uoguelph.ca/studentexperience