AFTER YOUR COVID-19 TEST

If you don’t feel well
Stay home.
Keep apart from others.
Anyone you live with should stay home.

If you have been in close contact with someone who has COVID-19 OR
If you got a COVID App notification
Stay home.
Keep apart from others.
Anyone you live with should only leave home for essential reasons.

If you have been outside of Canada
Stay home.
Keep apart from others.

HOW TO GET YOUR COVID-19 TEST RESULTS

If you have a green Ontario Health Card
Go to: https://covid-19.ontario.ca
Select: Check your results
NOTE: Results may take 4 or more days.

If you do not have a green Ontario Health Card
You will be notified of your results by the Student Health Services COVID nurse (by phone or email)

What if you feel worse?

38°C OR
Fever over 38°C(100.4°F) for 5 days

OR

Shortness of breath, even when walking

THEN

CALL
Telehealth
1-866-797-0000

OR

9-1-1 in an Emergency

Images care of Toronto Public Health, Health Design Studio at OCADU & Ontario Health
### IF YOUR COVID-19 TEST IS POSITIVE

Stay home for 10 days.

Keep apart from others. If you can, keep apart from people you live with.

Someone from Wellington-Dufferin-Guelph Public Health will call to let you know when you can leave home.

Anyone you live with should stay home for 14 days.

Anyone you have been in close contact with should stay home for 14 days.

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### IF YOUR COVID-19 TEST IS NEGATIVE

<table>
<thead>
<tr>
<th>Condition</th>
<th>Advice</th>
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</thead>
<tbody>
<tr>
<td>If you don’t feel well</td>
<td>Stay home. Keep apart from others until: you have not had a fever in 24 hours, and you have been getting better for at least 24 hours.</td>
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<tr>
<td>If you have been in close contact with someone who has COVID-19</td>
<td>Stay home. Keep apart from others until 14 days after your last contact with that person. If you feel sick, get re-tested.</td>
</tr>
<tr>
<td>If you got a COVID App notification</td>
<td>Watch for symptoms. If you feel sick, get re-tested.</td>
</tr>
<tr>
<td>If you have travelled outside of Canada</td>
<td>Stay home. Keep apart from others until 14 days after you got to Canada.</td>
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</tbody>
</table>

For more information, call Student Health Services at 519-824-4120 ext. 52131 or visit [www.wdgpublichealth.ca](http://www.wdgpublichealth.ca)